BREAKTHROUGH BLUEPRINT
MY COMMITMENT TO A HEALTHY DISREGARD FOR THE IMPOSSIBLE.

NAME ________________ DATE ______ SPONSOR/SESSION __________________

What ideal future do I want to create, and for whom? (VISION)

What challenging goals will result in a breakthrough toward this ideal future? (STRETCH GOALS)

What realistic goals will help me get started on my vision? (MANAGEABLE GOALS)

With whom do I need to connect to ensure success for my vision and goals? (RELATIONSHIPS)

What immediate steps will I take to jump-start this breakthrough? (ACTION PLANNING)

DO NOT COMPLETE THIS BOX UNTIL DAY 5 AFTERNOON

<table>
<thead>
<tr>
<th>MY CORE VALUES</th>
<th>Principles that guide my actions...</th>
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I want to be the kind of person who...