



**What participants are
saying about Catalyst™**
(in 2010)

I learned that anyone can be a leader. Even though I tend to be quiet and soft-spoken, I can contribute my talents to a group and make a difference in the world. I gained confidence.

Alma College

I learned all about different types of personalities and leadership in groups and organizations. I learned about my strengths and weaknesses and how I can achieve by interacting with others in a specific way.

University of Maryland

I gained lots of insight on how to work with different types of people and the value that they all add to a group.

University of Toronto

I learned so much. It was a time in which I got to reflect on what I really want and how to achieve that.

University of Utah

It is a choice. What am I waiting for?

University of Utah

I learned excellent strategies for becoming the leader I want to be, and how to get out there and do the things I want to do for the community.

York University (Canada)

I learned a lot about myself and how my qualities can be applied in the organization I am in as well as in my career.

University of Texas-Pan American

The major thing that sticks out to me is that in every organization you have to utilize your members for what they are good at.

University of Cincinnati

We all have the potential to be a leader.

Moravian College

Being a leader on campus (and beyond) means using your strengths, resources, and people to overcome and solve problems.

University of Arkansas

I learned to follow my heart. I am unique and will be an activist in my community based on my gifts and passions.

University of Central Oklahoma

I learned that my life experiences affect my leadership.

Millikin University

I learned how to improve as a leader, how to recognize distinct leadership traits within others, and how to better express my goals.

Alpha Sigma Phi