



**What participants are  
saying about Catalyst™**  
(in 2009)

Anything is possible.

University of Northern Iowa

To be a leader is more than just leading a group; it's about working with people effectively and being able to utilize everyone's abilities.

University of Tennessee

I learned that life is short and I should be doing something to make change, even if I'm the only one making that change.

University of Tennessee

I learned what I am best at when contributing to group efforts.

University of Texas at Austin

It renewed my energy and feeling about being able to accomplish my goals.

Temple University

You only are truly effective when you commit to an organization or cause where your passions are in line with your actions.

Temple University

As a leader I need to appreciate everyone for what they bring to the group.

Eureka College

Catalyst taught me the different working styles and how to interact with each group in the future. It also motivated me to begin taking steps into my future profession.

Towson University

That I can really do anything I want if I commit to it.

Austin Community College